

How to Use Our Lessons to Get Maximum Benefits from Them

Dear Student,

Welcome to the **English Easy Practice Shadowing Course!** 🎉

We are so happy you are here. This course is designed to help you **speak English faster, easier, and more confidently.**

To get the best results, please follow these simple steps:

1. Repeat, Repeat, Repeat

Repetition is the key to fluency. The more you listen, the faster you will improve.

- Listen to each lesson **many times** — not just once.
 - The more you repeat, the more natural English will feel.
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2. Study at Your Own Speed

You can choose your own pace:

- **One lesson a day** — listen and repeat it several times in one day.
- **Same lesson for many days** — some students prefer to stay with one lesson for 3–5 days before moving on.

Both ways are good. You can also study two lessons in a day. The important thing is to **repeat each lesson many times.**

3. Short but Powerful Lessons

Each lesson takes about **15 minutes**. That makes it easy to fit into your day.

- Try listening **once in the morning** and **once in the evening**.
 - You can also listen while walking, cooking, or traveling.
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4. Use the PDF Text Wisely

- **First time:** Open the PDF text and read along while you listen.
 - After a few repetitions: Try to listen **without reading**. This will improve your listening skills and help you think in English.
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5. Speak Out Loud in Part 3 (Listen-and-Answer)

This part is very important.

- Answer the questions **out loud**. Don't just think the answers.
 - If you can't answer the first time, no problem! Just listen.
 - After repeating several times, you will start to answer more quickly and naturally.
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6. Take Your Time in Speaking Parts

In **Part 3 (Listen-and-Answer)** and **Part 4 (Shadowing)**:

- Feel free to **pause the audio** if you need more time.
 - This helps you think, prepare, and answer confidently.
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7. Shadow the Speakers in Part 4

Shadowing means copying the speaker's voice.

- Repeat after the speaker, trying to match the **sound, rhythm, and intonation**.
 - This will make your **pronunciation and fluency** much better.
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8. Be Consistent and Patient

- Daily practice is better than long, irregular study.
- Even 15 minutes a day will bring big progress over time.
- Be patient. Step by step, you will feel more confident in speaking English.

🌟 Final Encouragement

Remember: You don't need to be perfect. You just need to **practice every day**. Trust the method, repeat the lessons, and soon you will be speaking English more fluently than ever before.

Happy learning, and let's start practicing together! 🤝